



REGIONAL NUTRITION SITUATION (OPERATION TIMBANG PLUS)

OPERATION TIMBANG PLUS (OPT +)

**The annual mass measurement
of weight, height/length of all
preschoolers 0-59 months old or 0-5
years old in a community**



OPT Results Among 0-59 Months Pre-school Children, 2018 -2020 Region 02

Nutritional Status	2018		2019		2020	
	No.	%	No.	%	No.	%
severely underweight 	1,740	0.6	1, 366	0.5	1, 333	0.5%
Underweight 	7,711	2.5	7, 047	2.4	7, 112	2.4%
Normal 	295, 191	95.7	284, 875	96.1	279, 823	95.8%
overweight 	3,769	1.2	3, 283	1.1	3, 762	1.3

Percentage Change Undernutrition Among 0-59 Mos Pres-school Children 2018 -2020 Region 02

Nutritional Status	2018	2019	2020
	%	%	%
severely underweight & Underweight	3.1	2.9	2.9
Annual Percent Change		9.68	0
Average Annual Change		4.84	0

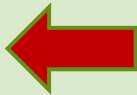
OPT Results Among 0-59 Months Pre-school Children, 2018 -2020 Region 02

Nutritional Status	2018		2019		2020	
	No.	%	No.	%	No.	%
severely stunting 	7, 131	2.3	6, 053	2.0	5, 345	1.8
Stunting 	19, 158	6.2	16, 613	5.6	16, 029	5.5
Normal 	275, 075	89.2	267, 431	90.2	264, 042	90.4
Tall 	6, 200	2	6, 559	2.2	6, 379	2.2

Percentage Change Undernutrition Among 0-59 Mos Pres-school Children 2018 -2020 Region 02

Nutritional Status	2018	2019	2020
	%	%	
severely stunting and stunting	8.5	7.6	7.3
Annual Percent Change		10.59	3.95
Average Annual Change		7.54	1.98

OPT Results Among 0-59 Months Pre-school Children, 2018-2020 Region 02

Nutritional Status	2017		2018		2019		2020	
	No.	%	No.	%	No.	%	No.	%
severely wasting 	2, 490	0.8	2, 378	0.8	2, 014	0.7	1, 805	0.6
wasting 	5, 114	1.6	5, 200	1.7	4, 578	1.5	4, 664	1.6
Normal 	311, 702	94.8	293, 911	95.3	282, 212	95.2	277, 145	94.9
Overweight 	4,541	1.4	5, 150	1.7	4, 730	1.6	5, 001	1.7
Obese 	3, 036	0.9	3, 602	1.2	3, 044	1.0	3, 352	1.1

Percentage Change Undernutrition Among 0-59 Mos Pres-school Children 2018 -2020 Region 02

Nutritional Status	2018	2019	2020
	%	%	%
severely wasting and wasting	2.5	2.2	2.2
Annual Percent Change		12	0
Average Annual Change		3.92	0

Percentage Change Overnutrition Among 0-69 Mos Pres-school Children 2018 -2020 Region 02

Nutritional Status	2018	2019	2020
	%	%	%
Overweight and obese	2.9	2.6	2.8
Annual Percent Change	-26.09	10.34	-7.69
Average Annual Change		7.88	-3.85

School Weighing Result
School Year 2017-2020
Region 02

Nutritional Status	SY 2017 - 2018		SY 2018-2019		SY 2019-2020 (Baseline)	
	No.	%	No.	%	No.	%
Severely wasted 	10, 643	2.30	10, 927	2.24	9, 336	1.96
wasted  	29, 588	6.62	31, 531	6.47	30, 958	6.48
normal	392, 521	87.81	422, 115	86.64	413, 763	86.67
Overweight 	10, 946	2.45	17, 368	3.57	17, 844	3.74
Obese 	3, 339	0.75	5, 237	1.07	5, 489	1.15
Stunted	No data		No data		70, 424	14.81
Severely Stunted	No data		No data		17, 169	3.61

School Weighing Result

School Year 2017-2020

Region 02

Nutritional Status	SY 2017 - 2018	SY 2018-2019	SY 2019-2020 (Baseline)
	%	%	%
Severely Wasted & Wasted	8.92	8.71	8.44
Annual Change		2.35	3.1
Average Annual Change			2.73

School Weighing Result

School Year 2017-2020

Region 02

Nutritional Status	SY 2017 - 2018	SY 2018-2019	SY 2019-2020 (Baseline)
	%	%	%
Overweight and Obese	3.2	4.64	4.89
Annual Change		-45	-5.39
Average Annual Change			-25.2

Thank You!

NATIONAL NUTRITION COUNCIL Region 02

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Official webpage: <http://www.nnc.gov.ph/regional-offices/region-ii-cagayan-valley>

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